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The holiday season can really wear you out. So whether you want to indulge in a spa treatment for yourself or pamper someone else on your gift list, 7s Belkys Nerey shows us how to find bliss on a bargain in tonight's Style File.

WSVN -- Between the shopping madness throwing and going to parties, we could all use some pampering this holiday season.

At the new Seven Seas Salon & Spa' in Sunny Isles, you can cozy up to the first dashing diva nail bar in Florida. At the nail bar it's all about cocktails and nail color.

Kimberly Acker: "With every manicure and pedicure you book here we're going to match up a free martini to go along with your polish color."

For beauty on a budget, they're also offering a few treatments for only \$10.

Kimberly Acker "Anything from certain hair treatments to fabulous skincare, waxing."

And just for the month of December, you'll leave with a free gift for yourself or to give someone else.

Kimberly Acker: "You can choose from different boxes, different shapes and sizes, you never know what's in it. It can be anything from products to a full day of spa services with us."

So pamper yourself this holiday you deserve it.

Belkys Nerey: "The Dashing Diva Nail Bar is also offering special holiday hours with the last appointment at 8:30 every night."

FOR MORE INFORMATION:

Seven Seas Salon & Spa at the Newport Beachside Hotel & Resort

16701 Collins Avenue in Sunny Isles Beach.

305.949.1300 or toll-free at 800.327.5476.